

## SCIR COVID-19 Procedures for the 2022-23 Season

1. Receive notification of a laboratory confirmed, clinical diagnosis, or presumed positive COVID infection.
  - a. Players, coaches, or volunteers who disclose that they tested positive for COVID-19 must isolate for 5 days from the date of a positive test or symptom onset (day 1 is the first full day after symptoms develop or a positive test result), whichever is earlier.
  - b. A longer period may be needed if symptoms are not improving and if the player, coach, or volunteer is not fever free for at least 24 hours (without medication) at the end of the 5-day period.
2. Identify any team activities (practice, dryland, or games) within 2 days prior<sup>1</sup> to the onset of symptoms or if asymptomatic, the date of the COVID test.
  - a. If you have NOT had any team activities in these 2 days, you do not need to notify the team since there was no exposure.
  - b. If you HAD any team activities in these 2 days, you need to notify the team.

NOTE: Contact tracing is no longer recommended. If you are a close contact, you do not have to quarantine regardless of vaccination status. The CDC recommends that you wear a mask for 10 days and that you monitor for symptoms. If you develop symptoms, stay home and test for COVID.

3. Notify SCIR President of the positive case for guidance; especially if this will impact a scheduled PAHL game. The SCIR President will notify the facility (Alpha Ice) and PAHL.
4. Team Managers are to notify their team and any other teams who may have been exposed. The entire team must be notified without divulging the identity of the positive player. If you are pressed for this information, you should consult with our SCIR President. Here is a sample email you can tailor for your situation.

Dear Parents,

Today we were alerted to a COVID Positive on our team. The player exhibited symptoms yesterday and tested positive today.

Per CDC guidelines, you do not have to quarantine regardless of vaccination status. The CDC recommends that you wear a mask for 10 days and that you monitor for symptoms. If you develop symptoms, stay home and test for Covid.

***If you have any questions, please let me know.*** Based on your assessment of your player's situation, please update your TEAM SNAP RSVP for practices/games this week.

Thank you,

5. If quarantining or positive case(s) impact your team's ability to participate in a PAHL game, please follow the PAHL protocol for rescheduling and work with SCIR President.

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<sup>1</sup> An infected person can spread SARS-CoV-2 starting from 2 days before they have any symptoms (or, for asymptomatic patients, 2 days before the positive specimen collection date), until they meet the criteria for ending isolation. Source: <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact>