

# COVID-19 MANAGEMENT



SAFETY  
MINUTE  
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23

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## What's new?

- Individuals with confirmed cases of C-19 need to isolate for 5 days from the date of symptoms or a +test (if asymptomatic)
- Contact tracing is NO LONGER required; however, depending on exposure, you may need to alert your team and SCIR President.
- If you are a close contact, the CDC recommends that you mask for 10 days and monitor for symptoms, regardless of vaccination status



## What do I do?

- If you are unwell, stay home until symptoms subside or test negative
- If a coach or player is diagnosed with C-19, please alert your Team Manager who can assist with reporting and notifications
- If quarantining or positive case(s) impact your team's ability to participate in a PAHL game, please follow the PAHL protocol for rescheduling and work with our SCIR President



## Learn More?

- Your first source is your family Physician. Please contact them for the best medical advice for your family
- PA Department of Health: <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx>
- CDC: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>



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